



TENNIS

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ABILITY

Active Parks Disability Tennis

This Active Parks session is for children and young people with a learning disability who want to get active, have fun and meet new people! Tennis is a great way to improve physical and mental health and wellbeing and can be adapted to suit everyone. Courts, rackets and balls can be adapted for all abilities.

Never played before? Why not give it a go!

If you have any questions or would like more information please don't hesitate to give us a call.

Location: Handsworth Park (meet near play area outside the Wellbeing Centre)

Date: Starts Sunday 10th June (and every week after!)

Time: 12:30-1:30pm

How to book: No need to book just turn up on the day

For more details: Please call Gaynor 0121 303 0067